

News Flush

...In the know while you go

DID YOU KNOW?



So you've been hearing a lot about this party drug "Molly" in the news recently. But what is it and what can it do to your body?

Here are the facts:

- ◇ "Molly", slang for molecule, is a powder form of the popular club drug MDMA, which in pill form is known as Ecstasy.
- ◇ Makers of "Molly" can add anything they want to the drug—most commonly caffeine, DXM (found in some cough syrups), crystal meth, PCP, cocaine, and more recently, other drugs like synthetic marijuana and bath salts—making its purity questionable. You can never be sure what you're really getting!
- ◇ MDMA is a synthetic, mind-altering drug that acts both as a stimulant and a hallucinogenic.
- ◇ It's commonly used at dance clubs and concerts, and can make people feel like they have more energy and less fear. People who use MDMA might feel very alert, or "hyper."
- ◇ Even if a person takes only one pill, the side effects of MDMA—including feelings of sadness, anxiety, depression, and memory difficulties—can last for several days to a week.
- ◇ MDMA can be extremely dangerous in high doses or when multiple small doses are taken within a short time period to maintain the high. High levels of the drug in the blood stream can increase the risk of seizures and affect the heart's ability to maintain its normal rhythms.

Most MHS students make the smart choice to steer clear of Molly! The majority (95%) of you—MHS students—reported never using any form of MDMA, Ecstasy, or Molly on the 2013 YRBS survey you took last spring!

Negative side effects of MDMA/ Ecstasy/ Molly:

Muscle cramping

Nausea

Blurred vision

Increased heart rate and blood pressure

Extreme dehydration

Dangerous overheating (hyperthermia)

Seizures

Heart and kidney problems

Sadness, anxiety, depression and

memory loss

Death

**** There have been at least 8 fatal overdoses from Molly in the last 6 weeks in the Northeast****

Upcoming Events

October 17th— National Above the Influence Day!

*The coalition's **Youth Action Team** will be hosting an activity during all lunches that week leading up to National ATI Day!*

Participate and win great prizes!

October 20th— Senior Halloween Dance!

