NEWS FLUSH MELROSE



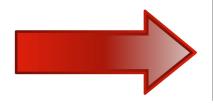
- Discuss plans and curfew with parents. Let your friends and/or date know beforehand.
- Get to know your date before you go if they are someone you don't know well. Take a walk or go for ice cream.
- Discuss with your parents any after-prom/grad plans (the party at a friends house or hosting an early morning breakfast at your house)
- Plan ahead what you will say if someone offers you alcohol or drugs.

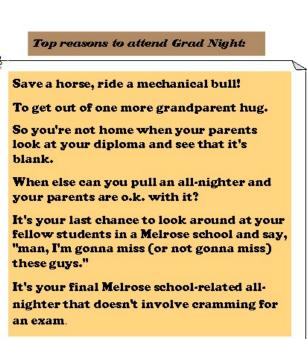
"No thanks." "Are you kidding me? I want to remember this night!"

"Actually I'd rather have a soda. Do you have one?"

- Ask a trusted adult to be near the phone and available on prom or graduation night in case you need to call. Establish a CODE WORD to text that adult when you need OUT of a situation.
- Make sure your phone is fully charged all night and bring a charger with you!

 ATTEND THE MELROSE CLASS OF 2015 GRAD NIGHT PARTY! It's a substance-free party with great prizes, games, and food all night long!







SAFE & HEAL

s graduation

ake your own

raditions!