

News Flush

...In the know while you go



MELROSE
SUBSTANCE ABUSE
PREVENTION COALITION



Vaping?
What's

What's inside an e-cigarette?

- Liquid nicotine (the addictive ingredient in cigarettes)
- Propylene glycol (a chemical used to make stage fog)
- Sometimes food flavoring
- A battery
- A coil that heats the liquid into a vapor

NICOTINE= the addictive ingredient in cigarettes

Are they harmful?

These products are so new that not enough is known about how safe they are to use or how they affect people second-hand. Because manufacturers are **not required to prove these products are safe**, there is no way of knowing what potentially harmful chemicals they contain. They may contain chemicals toxic to humans but **we do not yet know the potential health risks or how much nicotine or other harmful chemicals are actually being inhaled** when using one of these products.

Did You Know?

The Melrose Public School District has modified the Code of Conduct policy to **prohibit** the use of nicotine delivery products (e-cigarettes & hookah-pens) on school property.

What's a hookah-pen?

A hookah-pen is just a flashy, colorful version of an e-cigarette. They often contain nicotine and operate the same way. They can come in a variety of flavors that are attractive to children.



The reason people get hooked on smoking cigarettes is because of the high level of nicotine. For non-smokers and youth who take up "vaping", this exposes them to the potential for addiction they might have otherwise avoided had they never tried an e-cigarette.

"BIG TOBACCO"

tries to market these products to children by making them colorful and with candy-like flavors. They are looking to hook new, young customers everyday to replace their customers who die from the harmful effects of tobacco.

In Melrose and other surrounding communities, the sale of tobacco and nicotine delivery products (such as e-cigarettes and hookah-pens) is prohibited to anyone under the age of 18!