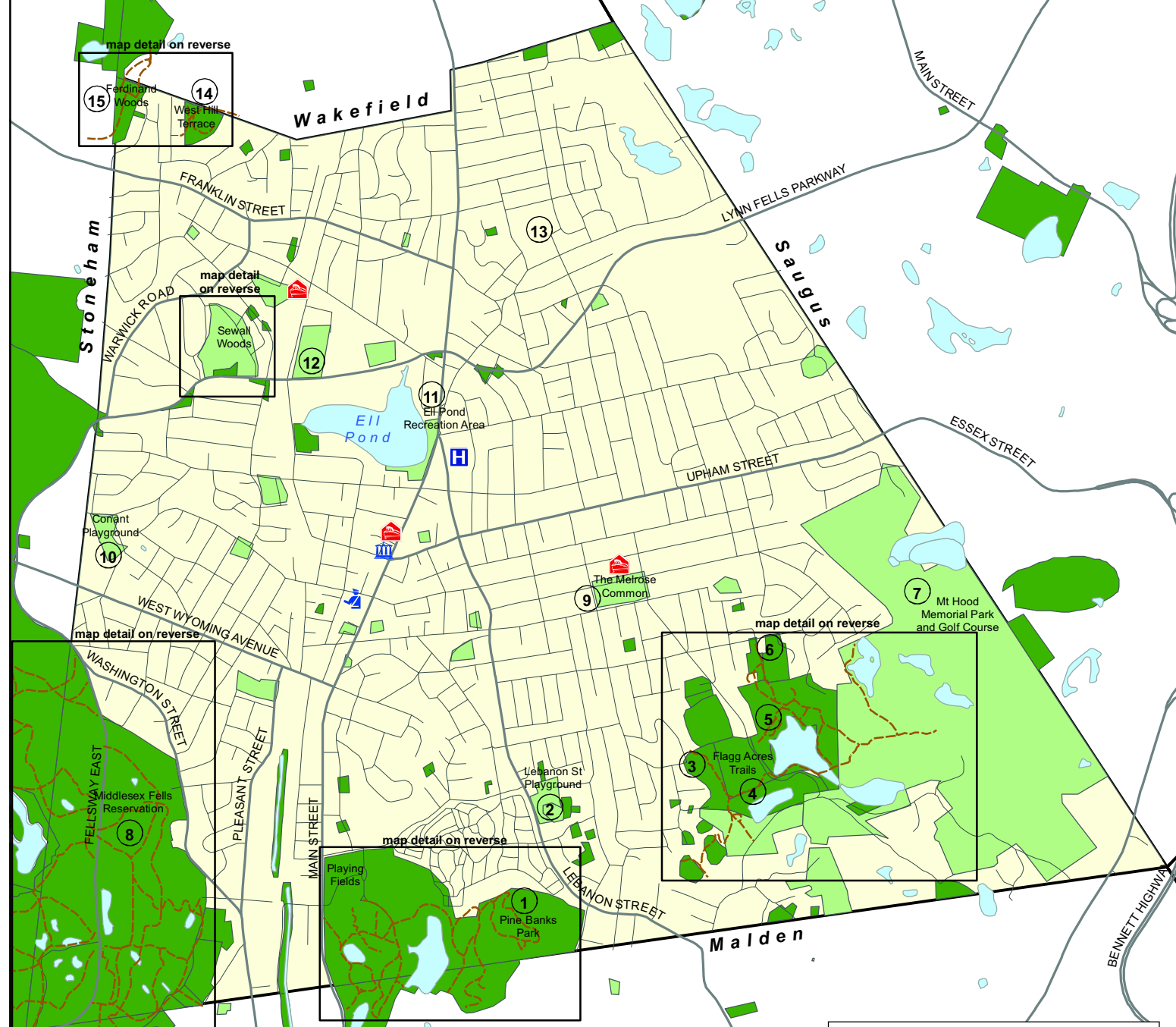


The creation of this third publication volume, now as a pocket guide, describing the trails and parks throughout the City of Melrose is the result of a cooperative effort between the Conservation and Parks Commissions. Melrose offers to its residents and visitors a wide array of both active and passive recreational activities. While Melrose is primarily a residential community with over 56% of its land developed for residential purposes, it remains in the model of a garden city with a "greenbelt" separating it from other communities. This greenbelt accounts for 26% of the total city land and includes the Middlesex Fells Reservation, Mount Hood Memorial Park and Golf Facility, as well as areas surrounding Swains Pond, Ell Pond and Towners Pond.

- Robert J. Dolan, Mayor



Melrose Open Space & Trails

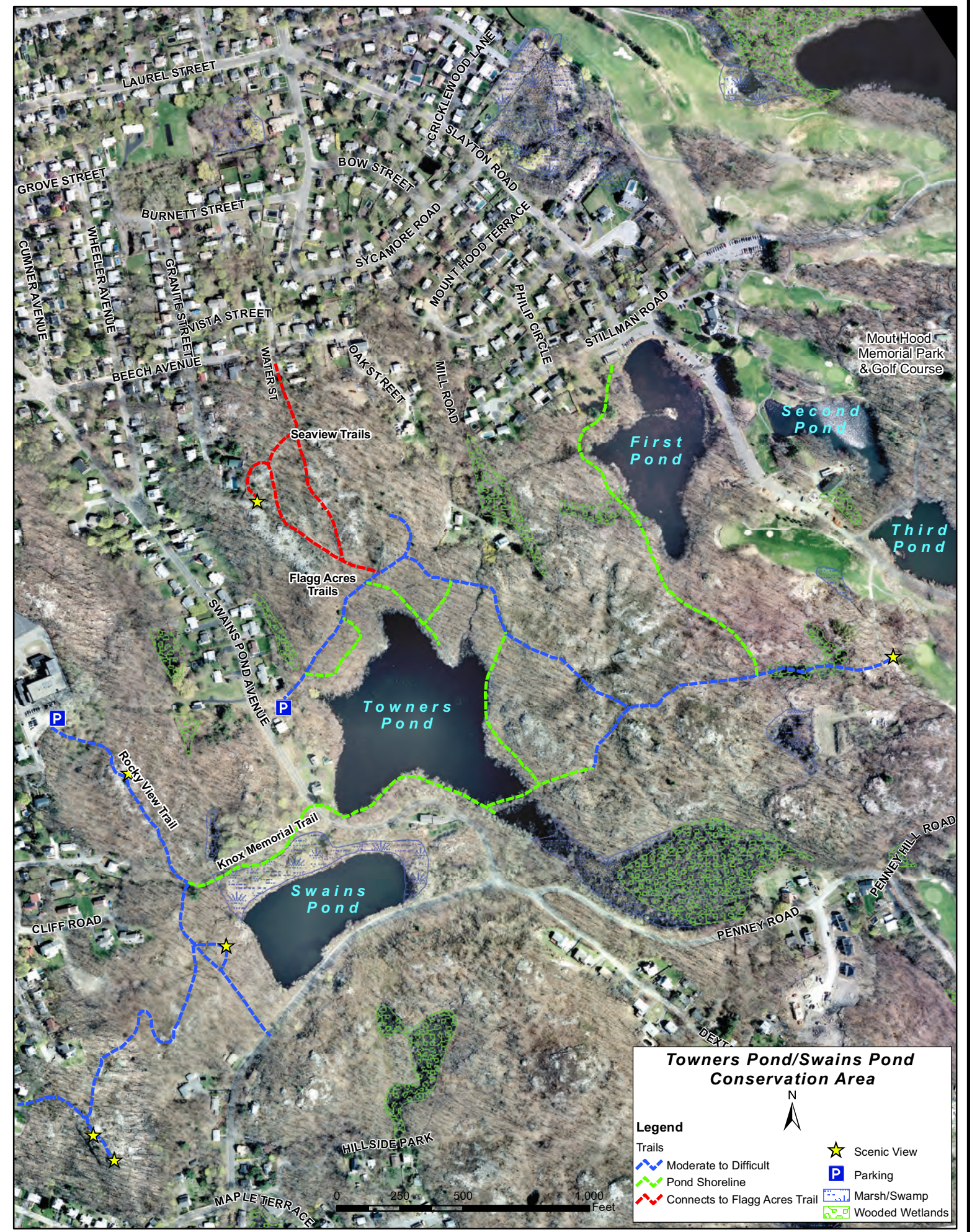
1. Pine Banks Park (78 acres)	9. Melrose Common (4 acres)
2. Lebanon Street Playground (0.9 acres)	10. Conant Playground (3.8 acres)
3. Rocky View Trail (7.8 acres)	11. Eil Pond (25 acres)
4. Knox Memorial Trail	12. Athletic Field (7.5 acres)
5. Flagg Acres Trails (10 acres)	13. Hesseltime Playground (1.9 acres)
6. Seaview Trails (2.5 acres)	14. High Rock Trail (5 acres)
7. Mt. Hood Memorial Park (235 acres)	15. Ferdinand Woods Trails (4.3 acres)
8. Melrose and Black Rock Trails	

Note: For more detailed trail and site information see the Melrose Conservation Commission website at www.cityofmelrose.org/departments/conservation.htm

City of Melrose Open Space & Trails Index

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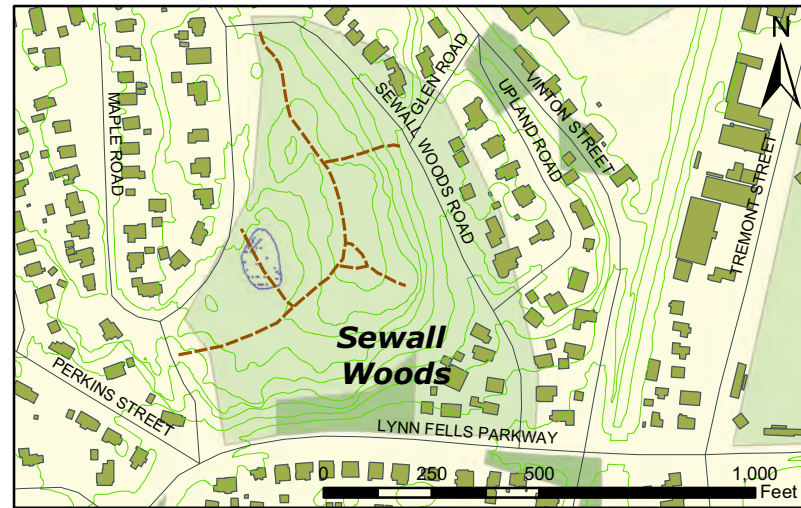
City Hall	Trails
Fire Station	Open Space
Hospital	Parks
Police Station	



Towners Pond/Swains Pond Conservation Area

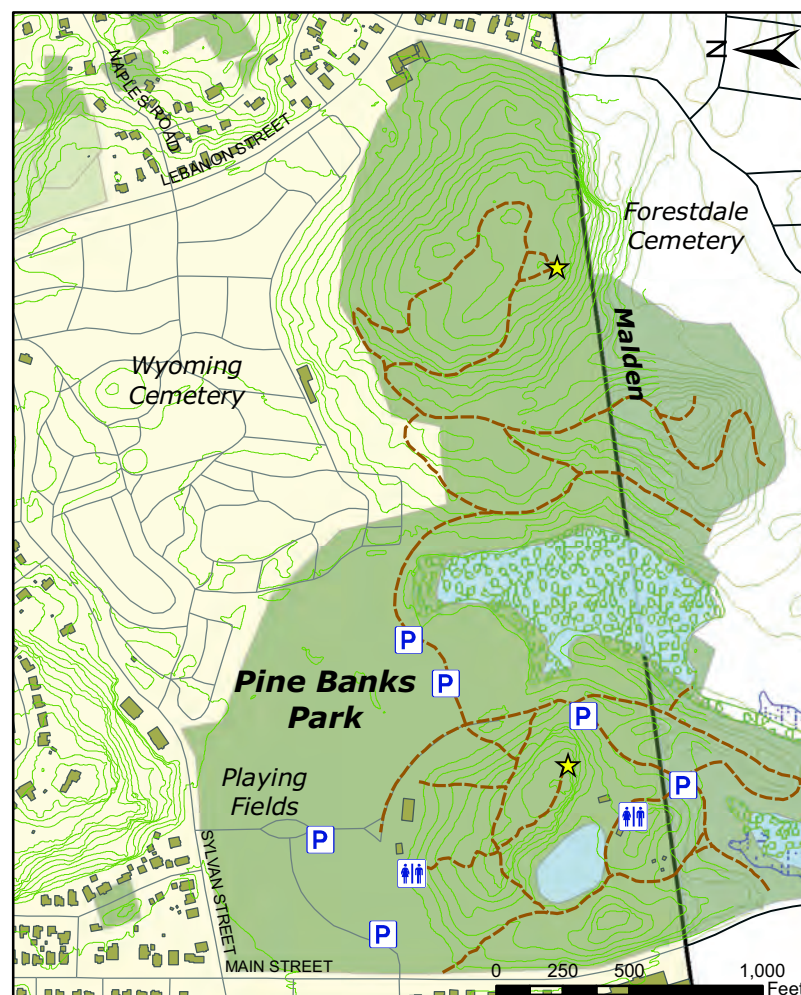
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Trails	Scenic View
Moderate to Difficult	Parking
Pond Shoreline	Marsh/Swamp
Connects to Flagg Acres Trail	Wooded Wetlands



TRAIL NETWORKS

- Towners Pond/Swains Pond Conservation Area - The flagship property of the Conservation Commission with access to the following 3 trails:
 - Flagg Acres Trails: A small parking area on Swains Pond Ave provides entry to the relatively flat Pond Shoreline Loop (Green Trail) and the more difficult Blue Trail, which also provides access to the Mt Hood trails that are being redeveloped.
 - Seaview Trails: A moderately difficult loop with a scenic view; provides access from Water Street.
 - Rocky View Trails: These challenging trails in the Hoover School/Swains Pond area offering several scenic viewpoints.
- Middlesex Fells Reservation: The Melrose portion of this 2,000 acre state property provides several challenging trails and access to the entire Fells system.
- Pine Banks Park: The park, jointly controlled by Melrose and Malden, provides a number of well-marked easy to moderate trails.



Statement by Melrose Conservation Commission Chairperson, Susan Murphy

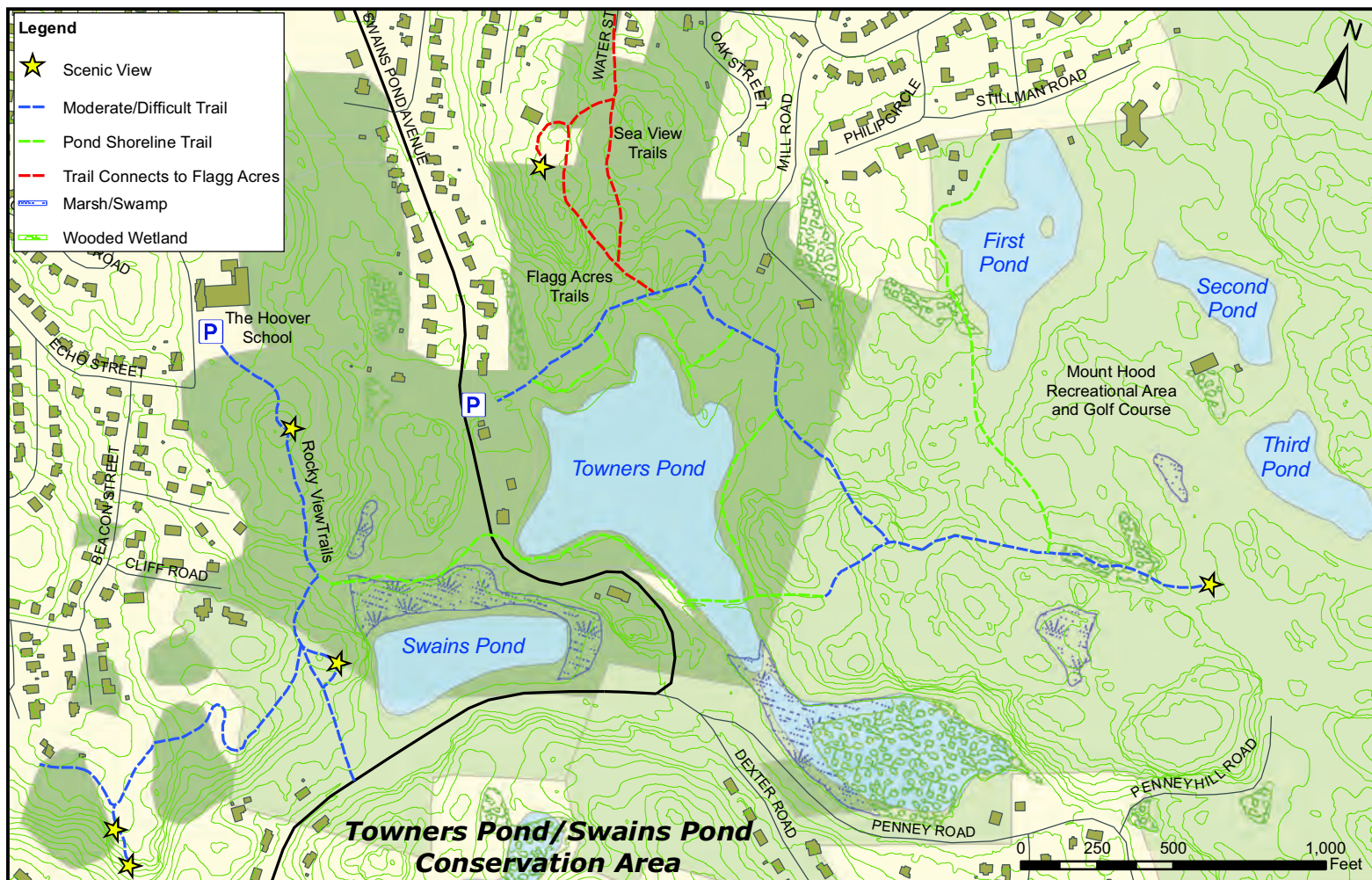
The aim of the Melrose Conservation Commission is to preserve and develop passive recreation areas within the community that provide opportunities for its residents to enjoy the natural environment. The primary purpose of the Melrose Parks Department is to maintain and further develop active recreation areas in the parks and playgrounds for the enjoyment of its citizens. Both groups work cooperatively to achieve these goals.

Melrose Conservation Commission
 2nd Floor City Hall
 Kathy Morgan, Conservation Agent
 Telephone 781-979-4312
 conservation@cityofmelrose.org

Melrose Parks & Recreation Department
 Mt Hood Golf Course & Memorial Park Clubhouse
 Joan Bell, Superintendent of Mount Hood & Public Open Space
 Telephone 781-662-9511

Map created by the Melrose Conservation Commission and Applied Geographics, Inc. GIS data made available by the City of Melrose and MassGIS. Middlesex Fells Reservation trail data digitized from the Middlesex Fells Reservation Trail Map available from the Friends of the Fells www.fells.org.

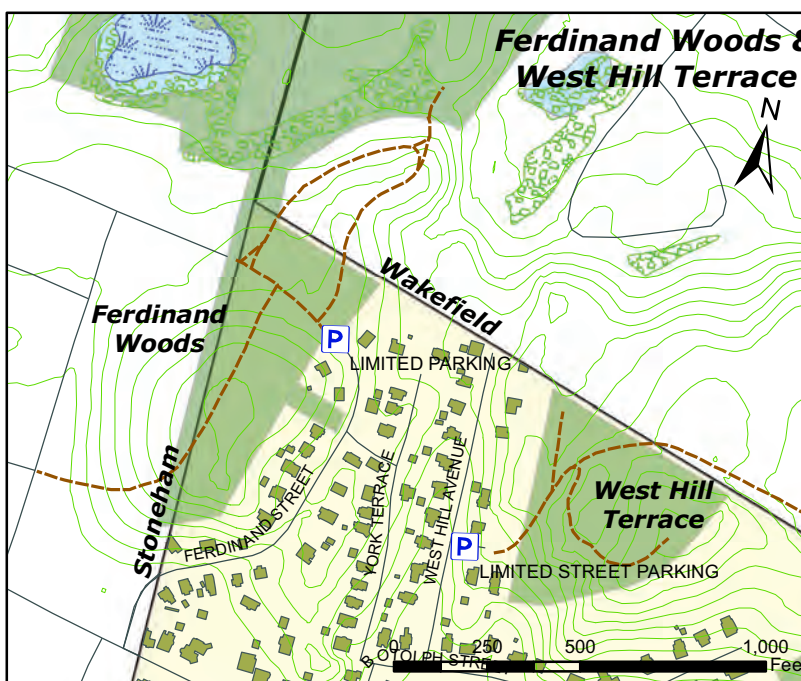
We encourage you to contact the Melrose Conservation Commission with any questions, comments or suggestions for future Open Space and Trail Guide updates.



Melrose offers a range of trail experiences, from neighborhood walks to challenging hikes. We encourage you to explore them all!

NEIGHBORHOOD AREAS

- Sewall Woods: An easy to moderate walk; trails are not blazed.
- Ferdinand Woods: An easy to moderate set of trails that connect to open space areas in Stoneham and Wakefield; trails are not blazed.
- West Hill Terrace: A steep trail to a wooded rocky outcrop; trails are not blazed.



City of Melrose
 MASSACHUSETTS

*Open Space & Trails
 Pocket Guide*

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 by the Melrose Conservation Commission