



Melrose Recreation – Athletics Code of Conduct

Melrose Recreation is committed to fostering a positive and respectful environment for all participants, coaches, and parents (or legal guardians) involved in our programs. In adherence to this commitment, we have established the following Code of Conduct which must be acknowledged and agreed upon at the time of registration prior to participation.

Coach / Parent / Guardian – Code of Conduct

As a coach, parent, and/or guardian of a child participating in a Melrose Recreation sponsored program, I affirm the importance of upholding good sportsmanship in youth sports. I recognize that as adults, we must lead by example, demonstrating fairness, respect, and self-control. Therefore, I pledge to uphold the following principles to the best of my ability, ensuring a positive experience for all:

- Serve as a positive role model for my child and fellow participants by promoting sportsmanship, showing respect and courtesy, and offering positive support to players, coaches, officials, and spectators during every game, practice, or sporting event.
- Refrain from engaging in any form of unsportsmanlike conduct, including but not limited to booing, taunting, refusing to shake hands, or using profane language or gestures towards officials, coaches, players, or parents.
- Advocate for behaviors and practices that prioritize the health and well-being of all athletes.
- Advocate for equal and respectful treatment of all players, coaches, officials, and spectators, regardless of race, creed, color, sex, or ability.
- Refrain from ridiculing or berating my child or other participants for errors or losses.
- Respect the authority of officials and coaches during games and practices, refraining from questioning or confronting them on-site, but instead, addressing concerns at an agreed-upon time and place.
- Avoid coaching my child or other players during games and practices, unless I am a registered coach for the team.

I understand that as a coach, parent, and/or guardian, my behavior at all related events, including games and practices, must adhere to the highest standards of conduct. I further acknowledge that any instances of unacceptable behavior on my part, or violations of this Code of Conduct, may result in disciplinary action, including but not limited to:

- Verbal warning issued by a Recreation Director and/or Park Commission.
- Written warning issued by the Recreation Director and/or Park Commission.
- Suspension or ban from attending one or more subsequent games/practices, as determined by the Recreation Director and/or Park Commission.
- Season suspension or multiple season suspension, as determined by the Recreation Director and/or Park Commission.

By agreeing to this Code of Conduct, I commit to upholding the values of sportsmanship, respect, and fair play, contributing to a positive and enriching experience for all participants involved in Melrose Recreation athletics programs.

Player / Participant – Code of Conduct

As a player or participant in a Melrose Recreation sponsored program, I recognize the importance of upholding the principles of good sportsmanship and integrity in athletics. In alignment with these values, I hereby pledge to uphold the following standards to the best of my ability:

- **Respect:** I will show respect to all coaches, game officials, parents, teammates, and opposing players at all times, refraining from any behavior that may be perceived as disrespectful.
- **Sportsmanship:** Regardless of the score or circumstances, I will demonstrate good sportsmanship by maintaining a positive attitude towards coaches, officials, and fellow players.
- **Responsibility:** I will contribute to maintaining the cleanliness and orderliness of the gymnasium, field, or program site by disposing of personal and team garbage appropriately.
- **Commitment:** I will display commitment to my team by consistently exhibiting good sportsmanship and dedicating myself to the goals and values of the program.
- **Etiquette:** After games, I will participate in the tradition of shaking hands with the opposing team and officials as a gesture of mutual respect (if applicable).

I understand the expectations outlined in this Code of Conduct. If under the age of 18, I have discussed and understand the expectations with a parent or guardian. I acknowledge that any violation of these principles may result in disciplinary action by the appropriate authorities, including but not limited to:

- Verbal warning issued by a Recreation Director and/or Park Commission.
- Written warning issued by the Recreation Director and/or Park Commission.
- Suspension or ban from attending one or more subsequent games/practices, as determined by the Recreation Director and/or Park Commission.
- Season suspension or multiple season suspension, as determined by the Recreation Director and/or Park Commission.

By adhering to this Code of Conduct, I affirm my commitment to promoting a positive and respectful athletic environment within Melrose Recreation programs, contributing to the overall success and enjoyment of all participants involved.

Volunteer Coaches – Signature Required

Signature _____

Print Name _____

Date _____