

The background of the entire page is a light green illustration of a large, leafy tree. At the bottom of the page, there is a dark green silhouette of a group of people of various ages holding hands in a line. The logo for the Mystic Valley Public Health Coalition is centered in the upper half of the page. It features a large, dark green 'M' and 'V' that overlap. The word 'MYSTIC' is written in a white serif font across the top of the 'M', and the word 'VALLEY' is written in a dark green serif font across the top of the 'V'. Below this, the words 'PUBLIC HEALTH COALITION' are written in a dark blue, sans-serif, all-caps font.

MYSTIC VALLEY PUBLIC HEALTH COALITION

FINDING HELP FOR SUBSTANCE USE DISORDERS

SERVING MALDEN, MEDFORD, MELROSE, READING, STONEHAM,
WINCHESTER AND WAKEFIELD

Edited: June 2016

Organizations names and/or contact information may change
For most current edition please visit: www.mysticvalleypublichealth.org

Hotlines



Massachusetts Substance Abuse Helpline

Youth & Adult • www.helpline-online.com
(617) 292-5065



Institute for Health and Recovery

Youth • www.healthrecovery.org
(617) 661-3991



Jane Doe Domestic Violence

Sexual & Domestic Violence • Multi-lingual • www.janedoe.org
(877) 785-2020



The Network La Red

Sexual & Domestic Abuse • LGBTQ • English & Spanish • Provides safe houses
www.thenetworklared.org
(617) 742-4911



Gay Men's Domestic Violence Project

(800) 832-1901



Boston Area Rape Crisis Center

24 hour line • www.barcc.org
(800) 841-8371



Samaritans-Suicide Prevention

Toll free: (877) 870-4673 • Youth Line: (800) 252-8336
24hr lines: (617) 247-0220
www.samaritanshope.org



National Suicide Prevention Lifeline

Veterans • Suicide prevention • www.suicidepreventionlifeline.org
(800) 273- 8255



Child-at-Risk

Department of Children and Family Services Emergency Hotline
www.mass.gov/eohhs/gov/departments/dcf/child-abuse-neglect/
(800) 792-5200



National Runaway Safeline

Runaways advice line for parents and children
www.1800runaway.org
(800) 786-2929

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Community Based Prevention

Primary prevention focuses on individuals, families and the community as a whole to prevent the initiation of substance use or to delay the onset of use. Prevention of alcohol, tobacco and other drugs is focused on availability, access, community norms and regulations. The environmental approach is to ensure that access is reduced, attitudes, beliefs and perceptions are changed, policies are strengthened and enforcement is increased.

Policy-Change local bylaws and ordinances that affect substance use rates in communities by working with local boards of health, commissions and councils.

Education/Awareness- Enhance skills, share information and increase knowledge through community forums, workshops and social marketing campaigns.

Join a local coalition- a coalition is a group or individuals that join forces for a common cause/interest

Malden- (781) 379-7049
Malden Board of Health
www.cityofmalden.org

Medford- (781) 393-2449
Team Medford
www.teammedford.org

Melrose- (781) 979-4128
Melrose Substance Abuse Prevention Coalition
www.cityofmelrose.org/substance-abuse-prevention-coalition

Stoneham
Stoneham Substance Abuse Coalition
www.stonehamsac.webs.com/

Reading- (781) 944-6300
Reading Coalition Against Substance Abuse
www.edline.net/pages/readingpublicschools/community/RCASA

Wakefield- (781) 246-6300
Wakefield Unified Prevention
www.wakefield.ma.us

Winchester
Winchester Coalition for a Safer Community, www.winchestercoalitionsafercommunity.com

MOAR - Massachusetts Organization for Addiction Recovery (617) 423-6627 Toll free: (877) 423-6627

To organize recovering individuals, families and friends into a collective voice to educate the public about the value of recovery from alcohol and other addictions maryanne@moar-recovery.org www.moar-recovery.org

SBIRT- Screening Brief Intervention and Referral to Treatment

Screening	Quickly assesses the severity of substance use and identifies the appropriate level of treatment.
Brief intervention	Focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
Referral to treatment	Provides those identified as needing more extensive treatment with access to specialty care.

CRAFT- Car, Relax, Alone, Forget, Friends, Trouble

A screening tool for youth under 21 to assess the risk of alcohol and other drug use. The tool will determine whether further assessment is needed. The model below is for a self administered assessment.

In the past 12 months, did you; take more than a few sips of alcohol, smoke any marijuana, use anything else to get high?	
C	Have you ridden in a CAR driven by someone who was 'high' or had been using alcohol or drugs?
R	Do you ever use alcohol/drugs to RELAX , feel better about yourself, or fit in?
A	Do you ever use alcohol/drugs while you are by yourself, ALONE ?
F	Do you ever FORGET things you did while you were using alcohol or drugs?
F	Do your family or FRIENDS ever tell you that you should cut down on your drinking or drug use?
T	Have you gotten into TROUBLE while you were using alcohol or drugs?

Overdose Prevention



Good Samaritan Law

Removes a key barrier that prevents people from seeking help in an overdose emergency. Friends, family or bystanders who witness an overdose can call 911 without fear of being arrested for drug possession. The law does not provide immunity from arrest or prosecution for drug trafficking or for outstanding warrants.

Signs of Opioid Overdose

- ◇ Slow breathing or no breathing
- ◇ Blue lips or fingertips
- ◇ Choking or gurgling sound/deep snoring
- ◇ Seizures or convulsions
- ◇ Person won't wake up– No response to yelling or shaking
- ◇ Clammy, cool skin
- ◇ Heavy nod– Not responding to stimulation

Overdose Risk Factors

- Using alone** ◇ Overdoses happen in clusters- if someone has had a recent overdose pay attention.
- Lower Tolerance** ◇ Even after a few days of not using, one's tolerance can be lower. For example, after leaving a
- Unpredictable** ◇ Use caution when in a new place or when buying from a new source.
- Potency** ◇ Heroin maybe cut with other drugs making the potency of the dose unpredictable and life
- Mixing Drugs** ◇ Overdose risk increases when heroin or other opioids are combined with other downers such as

Signs and Risk Factors

If you see an Overdose

CALL 9-1-1 FIRST:

Tell the 911 operator that the person is not breathing. Stay with the person if you can. Try to remain calm. If you can't stay, put the person (in the recovery position) on their side and leave the door unlocked for the EMTs.

PERFORM RESCUE BREATHING:

Tilt their head back to open the airway, pinch the nose and breathe into the mouth: 2 quick breaths then 1 every 5 seconds.

ADMINISTER NALOXONE (NARCAN) IF YOU HAVE IT

Spray the Naloxone up their nose (half in each nostril) and wait 2-3 minutes before you give the second dose.

Overdose Reversal

Naloxone: In an overdose, opioids can slow breathing to the point of death. Nasal naloxone blocks the opioids and restores normal breathing when sprayed into the nose or injected into the muscle of someone who has overdosed. It is safe, easy to administer, and has no potential for abuse.

Accessing Naloxone or NARCAN

You can access Naloxone (Narcan) in multiple ways.

1. From your Doctor
 2. From specific pharmacies with a standing order
 3. From specific state funded programs
- As a result of the Good Samaritan Law, doctors can prescribe Naloxone (Narcan) to users and their family members. Doctors may not be aware of the law and may need to be educated. Not all pharmacies have Naloxone (Narcan) in stock so you will have to discuss with a doctor.
 - No prescription needed where there is a standing order. Some insurance plans will cover the cost or one can pay out of pocket.

Pharmacies carrying Naloxone (Narcan) for over the counter purchase:

All WALGREENS	All Eaton Apothecary	Cambridge Health Alliance	East Boston Neighborhood Health center
All CVS'	All RITE AIDS'	1493 Cambridge Street Cambridge	10 Grove Street East Boston 20 Maverick Square East Boston
Inman Pharmacy	Mass General Hospital	Codman Sq. Health Center	Holyoke Health Center
1414 Cambridge Street Cambridge	55 Fruit Street Boston	637 Washington Street Dorchester	230 Maple Street Holyoke

- **State-funded sites** that have Naloxone (Narcan) supplies available to active users and bystanders. You can contact these sites for details on how to access Naloxone (Narcan).

AIDS Action Committee	Boston Public Health Commission	Healthy Streets Outreach Program
(800) 235-2331 75 Amory Street Roxbury, MA www.aac.org	(617) 534-5395 1010 Massachusetts Avenue Boston, MA www.bphc.org	(339) 440-5633 100 Willow Street 2nd Floor Lynn, MA
Greater Lawrence Health Center	Lowell House	
(978) 685-7663 100 Water Street Lawrence, MA www.glfhc.org	(978) 459-8656 555 Merrimack Street Lowell, MA www.lowellhouseinc.com	



For Family Members



A peer-led support network for families dealing with addiction and recovery

Learn to Cope: Naloxone is available at support groups for parents and family members dealing with a loved one suffering from substance use disorder. Family members can be trained on how to properly carry and administer Naloxone (Narcan) to their loved one.

www.learn2cope.org for meeting locations and times.

FOR A FULL LISTING OF TRAINING SITES VISIT WWW.HELPLINE-ONLINE.COM OR CALL (800) 327-5050

Understanding the Continuum of Care

Understanding the Continuum of Care

Every individual will experience a different path in their journey to recovery. There are many options in the course of one's recovery that may play a role. Below are definitions of different treatment options you may encounter during your journey.

Detoxification

Inpatient Services

Residential Treatment

Outpatient Services

Self Help/Support Groups

Assessment

A specialist gathers information about the individual's situation; helps identify and plan the most appropriate treatment path with the highest rate of success for the individual. Many residential facilities will require an assessment upon admission into a program.

Detoxification

A short term stay, anywhere from 3 - 7 days, providing medical supervision to minimize physical withdrawal symptoms while keeping you safe as your system is purged from drugs and alcohol. Programs offer different detox medications, and will incorporate counseling and therapy to help with the psychological distress an individual may experience.

Inpatient Treatment Services

A longer period of stay that offers a very structured and defined atmosphere. This type of a setting helps the patient focus on physical and psychological healing utilizing counseling and other support services.

Residential/Recovery Homes

A group home, recovery home or halfway house is a short or long-term stay that offers housing, meals and meetings in a community environment. The goal is for each resident to work on his or her recovery and learn the skills as well as have support to establish a better quality of life. All group houses have drug testing and case management services.

Outpatient Treatment Services

Includes a variety of services including daily meetings, 12-step recovery, one-on-one case management and counseling. Morning and evening hours allow for outpatient clients to work, job-search, attend to family commitments and other obligations while receiving treatment. Some outpatient programs provide child-care.

Support/Self Help Group

Daily and weekly meetings that you and/or your family can attend for continued support during sobriety.

Medication Assisted Treatment –Suboxone and Methadone

These medications help to fight cravings and withdrawals from opiate addiction. The medication makes it extremely difficult, if not impossible, to feel the effects of an opiate. Many people are very successful on suboxone and methadone.

Methadone works to fight cravings as well as withdrawals. It is prescribed through a daily visit to a clinic. It also works as a pain reliever.

Suboxone is a newer medication to fight cravings. Suboxone has very few withdrawal symptoms when people discontinue medication.

Vivitrol (Naltrexone) blocks the effects of narcotic medicines and alcohol. Vivitrol injection is used to treat addiction to alcohol or narcotic drugs. It is also used to prevent narcotic addiction relapse.

Principles of Treatment

Did you know... The **Massachusetts Mental Health Parity Law** requires insurers who offer mental health benefits to cover the diagnosis and treatment of certain mental disorders to the same extent that they cover the diagnosis and treatment of physical disorders. The law makes it illegal for some health insurers to place stricter annual or lifetime dollar or unit of service limitations on coverage of qualifying mental disorders that differ from the limitations on coverage of physical conditions. The law also provides for minimum outpatient and inpatient benefits for those disorders not required to be treated the same as physical ailments. If you believe your insurance provider is not complying with this law by failing to offer appropriate coverage for a qualifying mental health disorder, your state legislator may be able to help. Visit www.malegislature.gov/people to find out who your legislator is by searching for your city or town, and don't hesitate to call or email to request assistance.

Substance Use Disorder treatment offers many levels of care that are designed to reduce or stop alcohol or drug use — treatment ranges from severe detoxification services to general outpatient services. Providers of addiction treatment have a wide range of backgrounds, approaches and methods. Each individual is encouraged to consider the different types of care that providers offer in relation to what is best for you.

Principles of Treatment

1. Substance use disorder is a complex but treatable disease that affects brain function and behavior.
2. NO single treatment is appropriate for all individuals.
3. Treatment programs are voluntary and need to be readily available.
4. Effective treatment addresses multiple needs of the individual, not just his or her substance use disorder.
5. Length of stay in treatment is critical for ones long-term recovery; better outcomes occur with longer periods of time in treatment.
6. The most common form of treatment involves group and/or individual counseling as well as behavioral.
7. Medications may be an important element to one's treatment plan, especially when combined with counseling and behavioral.
8. An individual's treatment and services plan must constantly be modified and assessed to make sure that one's needs are being met. Family, significant others, and children are also part of one's treatment process and should also seek support.
9. Many substance use disorders can co-occur with mental illness and both should be addressed in treatment, including the use of medications when appropriate.
10. Medically assisted detoxification is the first step in substance use disorder treatment and alone does little to change long-term substance use. Individuals are encouraged to stay in treatment following detoxification.
11. Treatment does not need to be voluntary to be effective; sanctions or enticements can increase treatment entry and ultimate success of drug treatment interventions.
12. Transitioning from one program to another is very critical for recovery. Many people during transitions make the decision to go to another program or leave treatment. Drug use during treatment must be monitored as relapses do occur and may signal a need for a change in treatment plan.
13. Recovery from substance use disorder can be a long-term process that may take many attempts in treatment. So stay strong and encourage commitment time and time again.

With Courage, Strength, Love and Support life can Change!

Principals of Drug Addiction Treatment: A Research Based Guide (Second Edition) Retrieved from:
<http://www.drugabuse.gov/publications/principles-drug-addiction-treatment/principles-effective-treatment>

Questions for Treatment

Questions for Treatment

Here are some things you or a loved one should ask as you consider a substance use disorder treatment program:

- ◇ Is this a gender-specific substance abuse center?
- ◇ What is the cost of the substance abuse center? Do they accept your insurance? If not, are they willing to work with you on a payment plan or other options?
- ◇ What kind of licenses do staff members hold and is the center a state accredited facility?
- ◇ What is the staff to client ratio?
- ◇ Can they treat substance abuse AND mental health issues?
- ◇ What methods of treatment are available at this substance abuse center? Will I receive group treatment sessions or one-on-one sessions? Is behavioral therapy an option to encourage integration back in to the community?
- ◇ Does the facility tailor its programs to suit client needs or is everyone ushered through the same program?
- ◇ Is there ongoing assessment of individual's treatment plan to meet changing needs?
- ◇ What sort of amenities does your substance abuse center provide for its residents?
- ◇ What is the schedule like? Are clients allowed to contact friends and family and are visitors allowed?
- ◇ Are there restrictions on what clients can bring when they enter the facility?
- ◇ Do you have an activity program through which I can continue to enjoy my life and meet others?
- ◇ Does the facility help clients with detox? Or would a patient have to go through detox before being admitted?
- ◇ Does the program offer medication assistance, if needed?
- ◇ Is there long term care support and maintenance after leaving treatment?
- ◇ Does the facility provide therapy for family members or are referrals made to provide support?
- ◇ Is there follow-up with patients to monitor possible relapse?
- ◇ What type of support services do you provide once I return home?
- ◇ What does the facility do if a client has a relapse?

Youth and Family Intervention

Youth Interventions:

Programs that address the needs of the individuals, families and communities in the early stages of substance misuse. The focus is on the individual who has begun to experiment or who is in a high risk environment or other situations due to other substance misuse issues in the family. A professional team will provide immediate services targeting the problem behaviors.

Bridge Over Troubled Waters

(617) 423-9575
47 West Street
Boston, MA
www.bridgeotw.org

Eastern District-Juvenile Program

(978) 745-6610
10 Federal Street
Salem, MA
www.mass.gov/essexda

ROCA Youth Development

(617) 889-5210
101 Park Street
Chelsea, MA
www.rocainc.org

Gosnold

(774) 313-0662
196 Ter Heun Drive
Falmouth, MA
www.gosnold.org

Family Interventions:

A specific form of intervention which involves family members of an alcoholic or person with substance use disorder. This specific type of intervention is in order to get someone to seek professional help.

SSTAR (ARISE)

(508) 558-0376
386 Stanley Street
Fall River, MA
www.sstar.org

Section 35 A Court Ordered Treatment: A petition for "the procedure for Commitment of Substance Abusers", which allows family members concerned for health and safety of their addicted relative go to courts clinic and present the severity of the issue. If the court deems that the individual is in serious danger of hurting themselves or others they will mandate that person to substance treatment, legally for 30 days.

(This is an involuntary placement: Men sent to Bridgewater and Women sent to Framingham)

Adult Court:

Malden- (781) 322-7500

Somerville- (617) 666-8000

Woburn- (781) 939-2700

Youth Court:

Cambridge- (781) 306-2710

Lowell- (978) 459-4101

Adult Detoxification

Detox Services: A short-term stay, anywhere from 3—7 days, providing medical supervision to minimize physical withdrawal symptoms while keeping you safe as you abstain from alcohol and other drugs. Programs offer different detox medications and will incorporate counseling and therapy to help with the psychological distress an individual may experience.

Brockton Detox– Highpoint

(508) 584-9210
30 Meadowbrook Road
Brockton, MA
www.hptc.org



Boston Treatment Center

(617) 247-1001
784 Rear Mass Avenue
Boston, MA
www.nebhealth.org/services/
Notes: 18 plus

Carlson Recovery Center

(413) 733-1431
471 Chestnut Street
Springfield, MA

Community Health Link

(508) 860-1000
12 Queen Street
Worcester, MA
www.communityhealthlink.org
Note: Likely to connect to Thayer

Dimock Health Center

(617) 442-8800
55 Dimock Street
Roxbury, MA
www.dimockcenter.org

Emerson Addiction Services

(978) 287-3520
133 Old Road to Nine Acre
Concord, MA
www.emersonhospital.org
Notes: Outpatient

Gosnold

(508) 540-6550
200 Ter Heun Drive
Falmouth, MA

Gosnold

(508) 830-1234
2 School Street
Plymouth, MA 02360

Lahey Behavioral Health

(800) 763-5363
784 Massachusetts Avenue
Boston, MA
(978) 777-2121
111 Middleton Road
Danvers, MA
(978) 259-7000
365 East Street
Tewksbury MA
www.nebhealth.org/services/

Spectrum Primary Detox

(800) 366-7732
154 Oak Street
Westborough, MA
www.spectrumhealthsystems.org

Steward Good Samaritan Hospital

(508) 698-1122
71 Walnut Street
Foxboro, MA

Hospital Based Services – Hospitals that provide adult detoxification services.

Ad Care Hospital

(800) 345-3552
107 Lincoln Street
Worcester, MA
www.adcare.com

Arbour Hospital

(617) 522-4400
49 Robinwood Avenue
Jamaica Plain, MA
www.arbourhealth.com

Baldpate Hospital

(978) 352-2131
83 Baldpate Road
Georgetown, MA
www.detoxma.com

BayRidge Hospital

(781) 599-9200
60 Granite Street
Lynn, MA
www.beverlyhospital.org

Beverly Hospital-Leland Unit

(978) 922-3000 x2801
85 Herrick Street
Beverly, MA
www.beverlyhospital.org

Bournewood Hospital

(617) 469-0300
300 South Street
Brookline, MA
www.bournewood.com

Faulkner Hospital

(617) 983-7711
1153 Centre Street
Boston, MA
www.brigamandwomensfaulkner.org

St. Elizabeth's Hospital–SECAP

(617) 789-2574
736 Cambridge Street
Brighton, MA
www.steward.org/substance-abuse

Veteran's Center for Addiction

(781) 687-2275
200 Springs Road
Bedford, MA
For Veteran's at the VA Hospital

Adult Residential Treatment

Residential: Residential Treatment Programs under 30 days, Clinical Stabilization (CSS) or Transitional Support Services (TSS) provide short-term acute treatment for individuals who require intensive care and support due to their alcohol and/or other drug use. Residential Treatment Services under 30 days include Acute Treatment Services (ATS), Transitional Support Services (TSS). Referral often necessary

Clinical Stabilization Services (CSS): Provides clinical services for clients leaving detox or stabilization services needing acute treatment but not meeting criteria for medically necessary detox.

Gosnold Post Detox

(800) 444-1554
1140 MA-28A
Bourne, MA

High Point- Serenity Inn

(800) 734-3444
30 Meadowbrook Road
Brockton, MA

High Point- Stabilization

(800) 233-4478
1233 State Road
Plymouth, MA

Passages-Community Healthlink

(508) 860-1142
12 Queen Street
Worcester, MA
www.communityhealthlink.org

Post Detox Step Down- Lahey

(800) 323-2224
111 Middleton Road
Danvers, MA

Spectrum Post Detox

(781) 331-3709
861 Main Street
Weymouth, MA

SSTAR Step Down Services

(508) 324-7763
386 Stanley Street
Fall River, MA
www.sstar.org

The Hope Center - BHN

(413) 301-9500
35 Heywood Street
Springfield, MA
www.bhninc.org/

Women's Renewal -Dimock

(617) 442-8800
56 Dimock Street
Boston, MA

Transitional Support Services (TSS)

Transitional Support Services (TSS) are short-term residential, support services for clients who need a safe and structured environment to support their recovery process after detoxification. These programs are designed to help those who need services between acute treatment and over 30 day rehabilitation, outpatient or other aftercare.

(Phoenix) Arbor House

(413) 538-8188
15 Mulberry Street
Springfield, MA
cbernier@phoenixhouse.org

High Point Treatment Center

(508) 984-1697
108 North Front Street
New Bedford, MA
www.hptc.org/

Lynn Transitional

(781) 593-9434
101 Green Street
Lynn, MA

New Hope

(617) 878-2550
61 Redfield Road
South Weymouth, MA

Spectrum Residential Program

(800) 366-7732
154 Oak Street
Westborough, MA

Transitions Transitional

(617) 534-9150
201 River Street
Mattapan, MA

Women's Hope

(617) 442-0048
10 Chamblet Street
Dorchester, MA

MA Association of Sober Housing (MASH)

Anyone looking for sober housing should consult the MASH website for a list of certified, independently inspected housing that is held to a NARR standards.

www.mashsoberhousing.org

Men's Recovery Homes

Residential/Recovery Homes: A group home, recovery home or halfway house is available for a short or long term stay that offers housing, meals and meetings in a community environment. The aim is that each resident works on his or her recovery and learns the skills and support to establish a better quality of life. All group houses have drug testing and case management services.

Anchor House

(508) 746-6654
Plymouth, MA

Answer House

(617) 268-7124
South Boston, MA
www.mhsainc.org

Beacon House

(413) 773-1706
Greenfield, MA
www.servicenet.org

Casa Esperanza

(617) 445-7411
Roxbury, MA
www.casaesperanza.org

Charlestown House

(617) 242-0088
Charlestown, MA

Caspar House

(617) 623-5277
(617) 776-6036
Somerville, MA

Channing House

(508) 755-8088
Worcester, MA

Crozier House

(508) 860-2209
Worcester, MA

Dimock /John Flowers

(617) 442-8800
Roxbury, MA

Eastern Middlesex

(781) 321-2600
Malden, MA

Gandara

(413) 781-2234
Springfield, MA
www.gandaracenter.org

Gavin House

(617) 368-5517
South Boston, MA
www.gavinfoundation.org

Granada House

(617) 254-2923
Allston, MA
www.granadahouse.org

Green House

(508) 421-4403
Worcester, MA
www.communityhealthlink.org

Hairston House

(413) 585-8390
Northampton, MA
www.gandaracenter.org

Hamilton House

(617) 288-1584
Dorchester, MA

Harmony House

(508) 992-8948
New Bedford, MA

Hector Reyes House

(508) 459-1805
Worcester, MA

Hello House

(617) 262-7142
Boston, MA

Hope House

(617) 971-9360
Boston, MA

Hurley House

(781) 891-4323
Waltham, MA
www.thehurleyhouse.com

Interim House

(617) 265-2636
Dorchester, MA

Jeremiah's Inn

(508) 755-6403
Worcester, MA
www.jeremiahsinn.com

Keenan House

(413) 499-2756
Pittsfield, MA

Link House

(978) 462-7341
Newburyport, MA
www.linkhouseinc.org

Living and Recovering

(617) 522-2936
Jamaica Plain, MA
www.vpi.org/victory/our-programs/our-health-programs/

Lowell Recovery

(978) 459-3371
Lowell, MA
www.lowellhouseinc.org

McLean

(800) 230-8764
Ashburnham, MA
(800) 906-9531
Princeton, MA

Miller House

(508) 540-5052
Falmouth, MA
www.gosnold.org

New Victories

(617) 825-6088
Dorchester, MA
www.vpi.org

North Cottage Program

(508) 285-2701
Norton, MA
www.northcottageprogram.com

Opportunity House

(413) 739-4732
Springfield, MA
www.bhninc.org

Orange House

(978) 544-6507
Orange, MA
www.servicenet.org

Pathway House

(978) 632-4574
Gardner, MA

Phoenix House

(413) 733-2178
Springfield, MA
www.phoenixhouse.org

Rehabilitation & Health

(617) 569-2089
East Boston, MA

Ryan House

(781) 593-9434
Lynn, MA

South Shore Recovery Home

(617) 773-7023
Quincy, MA

Spectrum Health

(508) 892-1010
Westborough, MA
www.Spectrumhealthsystems.org

Steppingstone House

(508) 674-2788
Fall River, MA
www.steppingstoneinc.com

Sullivan House

(617) 524-4416
Jamaica Plain, MA
mhsainc.org

The Alternative House

(617) 569-8222
East Boston, MA

The Bridge House

(508) 872-6194
Braintree, MA
www.bridgehouseeneaar.org

Victory House

(617) 262-5032
Boston, MA
www.vpi.org

Women's Recovery Homes

Residential/Recovery Homes: A group home, recovery home or halfway house is available for a short or long term stay that offers housing, meals and meetings in a community environment. The aim is that each resident works on his or her recovery and learns the skills and support to establish a better quality of life. All group houses have drug testing and case management services.

Adult Recovery Homes

Beacon House

(413) 773-1705
Greenfield, MA
www.servicenet.org

Emerson House

(800) 444-1554
Falmouth, MA
www.gosnold.org

Granada House

(617) 254-2923
Allston, MA
www.granadahouse.org

Keenan House

(413) 499-2756
Pittsfield, MA
www.briencenter.org

Lowell Recovery House

(978) 459-3371
Lowell, MA
www.lowellhouseinc.com

Monarch House

(508) 992-0800
New Bedford, MA

Pegasus House

(978) 687-4257
Lawrence, MA

Rhodes Street House

(508) 581-7821
Millbury, MA
www.smoc.org

Sheehan Women's Program

(978) 640-0840
Tewksbury, MA
www.lowellhouse.org

Women's View

(978) 687-1658
Lawrence, MA
www.tpc1.org

Beryl's House

(774) 243 6995
Worcester, MA
www.communityhealthlink.org

Faith House

(508) 438-5625
Worcester, MA
www.communityhealthlink.org

GROW Program

(617) 661-6020
Cambridge, MA
www.casparinc.org

Latinas Y Ninos Center

(617) 445-1104
Roxbury, MA
www.casaesperanza.org

Maranda's House

(508) 860-1005
Worcester, MA
www.communityhealthlink.org

My Sister's House

(413) 733-7891
Springfield, MA
www.bhninc.org

Phoenix House

(413) 733-2178
Springfield, MA
www.phoenixhouse.org

Ryan House

(781) 593-9434
Lynn, MA

Shepherd House

(617) 288-3906
Dorchester, MA
www.vpi.org

Womanplace

(617) 661-6020
Cambridge, MA
www.casparinc.org

Edwina Martin House

(508) 583-0493
Brockton, MA

Gandara Residential

(413) 540-9881
Holyoke, MA
www.gandaracenter.org

Hello House

(339) 225-5170
Boston, MA
www.voamass.org

Linda Fay Griffin House

(508) 755-8990
Worcester, MA

McLean

(800) 230-8764
Ashburnham, MA

(800) 906-9531
Princeton, MA

New Day

(617) 628-8188
Somerville, MA
www.casparinc.org

Project Cope

(781) 581-9270
Lynn, MA
www.projectcope.com

Serenity House

(508) 435-9040
Hopkinton, MA
www.smoc.org

Adult Outpatient

Outpatient Treatment Services: Often include a variety of services including daily meetings, 12-step recovery, one-on-one case management, and counseling. Morning and evening hours allow for outpatient clients to keep their work, job-search or family commitments while receiving treatment. Some outpatient programs provide also child-care.

Ad Care Outpatient Office

(617) 227-2622
14 Beacon Street Suite #801
Boston, MA
www.adcare.com

Dimock Health Center

(617) 442-8800
55 Dimock Street
Roxbury, MA
www.dimockcenter.org

IMPACT

(617) 661-0405
260 Beacon Street
Somerville, MA
www.Northcharles.org/impact

North River Counseling

(781) 834-7433
769 Plain Street, Unit I
Marshfield, MA

South Shore Mental Health

(617) 847-1950
859 Willard Street
Quincy, MA
www.ssmh.org

Team Coordinating Agency

(978) 373-1181
76 Winter Street
Haverhill, MA
www.teamca.net

Bay Cove Treatment Center

(617) 371-3030
66 Canal Street
Boston, MA
www.baycove.org
Note: 21 plus

Gosnold

(508) 540-6550
200 Ter Heun Drive
Falmouth, MA
www.gosnold.org

JFK Family Service Center

(617) 241-8866
24 Mouton Street
Charlestown, MA

North Suffolk Mental Health

(617) 569-7310
14 Porter Street
East Boston, MA
www.northsuffolk.org

SSTAR

(508) 324-7763
400 Stanley Street
Fall River, MA
www.sstar.org

Step, Inc.

(617) 720-0153
9 Palmer Street
Roxbury, MA

Cambridge Health Alliance

(617) 591-6051
1493 Cambridge Street
Cambridge, MA
Emergency Services:
(617) 665-1560

High Point Treatment Center

Plymouth:
(508) 830-1234
2 School Street
(508) 224-7705
1233 State Road
New Bedford:
(508) 994-0885
497 Belleville Avenue
(508) 992-1500
840 Purchase Street
Brockton:
(508) 742-4420
30 Meadowbrook Road
Taunton:
(978) 823-5291
4 Post Office Square

MGH West End Clinic

(617) 724-4946
16 Blossom Street
Boston, MA
www.massgeneral.org

South Bay Community Services

(781) 851-2648
22 Pleasant Street
Malden, MA
Notes: Sites throughout the state

Hospital Based Services- Hospitals that provide adult outpatient services.

Ad Care Hospital

(800) 345-3552
107 Lincoln Street
Worcester, MA
www.adcare.com

Mount Auburn Hospital

(617) 492-3500
330 Mt Auburn Street
Cambridge, MA
www.mountauburnhospital.org

Arbour Hospital-Psych Serv.

(617) 731-3200
227 Babcock Street
Brookline, MA
www.arbourhealth.com

McLean Hospital

(617) 855-2000
115 Mill Street
Belmont, MA
www.mclean.harvard.edu

Adolescent Programs

Detox Services: Detoxification and Stabilization services are for youth who are in need of medical, psychological and behavioral stabilization from substance use. The length of stay will depend on individual need.

The CASTLE High Point Treatment Center

(508) 638-6000
20 Meadowbrook Road
Brockton, MA
www.hptc.org

Motivating Youth Recovery Community Link

(508) 860-1244
26 Queen Street
Worcester, MA
www.communityhealthlink.org

Inpatient Treatment Services

These residential services are for youth who cannot control their use in the community. Residential substance treatment is voluntary and averages a 90 day stay. Youth will receive individual, group, and family counseling in a therapeutic setting.

Intake and referral for residential treatment is completed by Institute for Health and Recovery, or a completed assessment is faxed to the Central Intake Coordinator (CIC). The assessment will be reviewed by CIC in order to make an appropriate referral to a residential program.

Institute for Health and Recovery

Adolescent intake:

349 Broadway Street Cambridge, MA
617-661-3991 or 866-705-2807 toll free
www.healthrecovery.org

The Institute for Health and Recovery is a statewide service, research, policy, and program development agency. IHR is here to assist in comprehensive care for individuals, youth, and families affected by alcohol, tobacco, and other drug use, mental health, and violence/trauma.

Cushing House

(617) 269-2933
54 Old Colony Avenue
South Boston, MA
www.gavinfoundation.org
Note: Ages 16-20



Highland Grace House

(508) 860-1172
280 Highland Street
Worcester, MA
www.communityhealthlink.org
Note: Ages 13-17



Lahey Adolescent Residential

(978) 968-1700
Zero Centennial Drive
Peabody, MA
www.nebhealth.org
Note: 13-18



Pegasus House

(978) 687-4257
482 Lowell Street
Lawrence, MA
www.psychologicalcenter.org
Note: Ages 18-24



Phoenix House

(800) 378-4435
15 Mulberry Street
Springfield, MA
www.phoenixhouse.org
Note: Ages 13-18



Lahey Behavioral Health

(978) 777-2121
111 Middleton Road
Danvers, MA
www.nebhealth.org

Adolescent Outpatient/Counseling

Outpatient Treatment Services: Often include a variety of services including daily meetings, 12-step recovery, one-on-one case management, and counseling. Morning and evening hours allow for outpatient clients to keep their work, job-search or family commitments while receiving treatment. Some outpatient programs provide also child-care.

Adolescent outpatient services that service the Mystic Valley area

Arbour Counseling Services

(781) 932-8114
10-I Roessler Road
Woburn, MA
www.arbourhealth.com/organizations/arbour-counseling-services/

Bay Cove– ASAP Outpatient

(617) 884-6829
100 Everett Avenue
Chelsea, MA
www.baycove.org
Note: 18 & over

Bridge Over Troubled Waters

(617) 423-9575
47 West Street
Boston, MA
www.bridgeotw.org
Note: 14-24

BU Adol. Trauma & S.A.

(617) 353-9610
648 Beacon Street
Boston, MA
www.bu.edu
Note: 18 & under for anxiety

Cambridge Health Alliance

(617) 665-1000
26 Central Street
Somerville, MA
www.challiance.org

Community Care Services

(508) 821-7777
70 Main Street
Taunton, MA
www.communitycareservices.org
Note: 18 & under

Dimock Comm. Serv. Corp. IOP

(617) 442-8800
55 Dimock Street
Roxbury, MA
www.dimockcenter.org
Note: 18 & under

Eliot Community Health

(781) 388-6203
173 Chelsea Street
Everett, MA
www.eliotchs.org

Lahey Health Behavioral Service

(978) 745-2440
41 Mason Street, Suite 1
Salem, MA
www.nebhealth.org
Note: 18 & under

North River Associates

(781) 834-7433
769 Plain Street Unit I
Marshfield, MA

North Suffolk Mental Health

(781) 289-9331
265 Beach Street
Revere, MA
www.northsuffolk.org
Note: 18 & under

Riverside Community Care

(617) 354-2275
5 Sacramento Street
Cambridge, MA

Riverway Counseling Associates

(781) 395-1560
10 High Street Suite 10
Medford, MA
www.riverwaycounseling.net

SAFE Project

(617) 661-3991
349 Broadway Street
Cambridge, MA
www.healthrecovery.org

Step, Inc.

(617) 720-STEP (7837)
131 Beverly Street
Boston, MA
www.stepboston.org

Adolescent Outpatient/Counseling

South Step, Inc.

(781) 851-2648
22 Pleasant Street
Malden, MA
www.southbaymentalhealth.com

South Shore Mental Health

(617) 847-1950
460 Quincy Avenue
Quincy, MA
www.ssmh.org

Wayside Youth & Family Network

Framingham
(508) 620-0010
Waltham & Watertown
(781) 891-0555
www.waysideyouth.org/

Hospital Based Services-Hospitals that provide adolescent outpatient services.

Arbour/HRI Hospital

(617) 731-3200
227 Babcock Street
Brookline, MA
www.arbourhealth.com

Boston Children's Hospital- ASAP

(617) 355-2727
300 Longwood Avenue
Fegan Building, 10th floor
Boston, MA
www.childrenshospital.org

McLean Hospital

(617) 855-2000
115 Mill Street
Belmont, MA
www.mclean.harvard.edu

MGH Boston- ARMS

(617) 643-4699
151 Merrimac Street 6th floor
Boston, MA
www.massgeneral.org/allpsych/arms/

Mount Auburn Hospital

(617) 499-5052
330 Mt Auburn Street
Cambridge, MA

St. Elizabeth's Hospital

(617) 562-5370
736 Cambridge Street
Brighton, MA
www.steward.org/st-elizabeths

Recovery High Schools-Alternative high schools for young people who struggle to succeed in conventional public high school environments due to a history of substance use disorder. Contact Individual high schools for application process.

Independence Academy

(508) 510-4091
460R Belmont Street
Brockton, MA
www.northrivercollaborative.org/dotnetnuke/northriver/

Liberty Preparatory Academy

(413) 750-2484
37 Alderman Street
Springfield, MA
www.springfieldpublicschools.com/schools/libertyprep

North Shore Recovery High School

(978) 922-3305
502 Cabot Street
Beverly, MA
www.nsedu.org/schools/northshore-recovery-high-school/

Rockdale Recovery High School

(508) 854-4939
20 Rockdale Street
Worcester, MA
www.cmsec.org/pages/cmsec/our_programs/recovery_high_school

William J. Ostiguy High School

(617) 348-6070
19 Temple Place
Boston, MA
www.ostiguyhigh.org
Note: 13-21 year olds

Medication Assisted Treatment

Methadone Clinics- Methadone is a synthetic opiate that is used to treat opiate addiction. It works to fight cravings as well as withdrawals. Many people are very successful on methadone. Methadone is used as a short-term treatment or a maintenance program.

Bay Cove Human Services

(617) 371-3030
66 Canal Street
Boston, MA
www.baycove.org
Note: 21 plus

BPHC-Methadone Services

(617) 534-5395
1010 Massachusetts Avenue
Suit 2
Boston, MA
www.bphc.org

Lahey Behavioral Health

(978) 777-2121
111 Middleton Road
Danvers, MA
www.nebhealth.org

Community Substance Abuse

Chelsea: (617) 889-8779
175 Crescent Avenue
Woburn: (781) 838-6757
9 Forbes Road
Boston: (617) 318-6480
23 Bradston Street
Jamaica Plain: (617) 541-3670
170 Morton Street
www.csacmethadone.com

Habit Management

(617) 442-1499
99 Topeka Street
Boston, MA,
www.habitopco.com

North Charles Institute

(617) 661-5700
260 Beacon Street
Somerville, MA
www.northcharles.org
Note: 18 plus and 1 year of documented treatment

Suboxone Treatment- Suboxone is a newer medication to treat opiate addiction. It helps to fight cravings and makes it extremely difficult if not impossible to feel the effects of an opiate. Suboxone has very few withdrawal symptoms when people come off the treatment. This treatment is not as available or easy to access as the methadone clinic, but it is an excellent alternative. Generally, patients who do better on Suboxone have shorter use-histories and stable support systems at home.

Vivitrol Treatment - A prescription injectable medication used to treat alcohol dependence and to prevent relapse of opioid dependence AFTER opioid rehab.

Boston Medical Center

(617) 638-8000
840 Harrison Avenue
Boston, MA
www.bmc.org

Lahey- Outpatient Treatment

(978) 777-2121
111 Middleton Road
Danvers, MA
www.nebhealth.org

Cambridge Health Alliance

(617) 591-6051
Suboxone offered at many
CHA's Health Centers
www.challiance.org

Chelsea ASAP

(617) 884-6829
100 Everett Avenue, Unit 4
Chelsea, MA
www.baycove.org
Note: 18 plus; Only outpatient

Codman Square Health Center

(617) 825-9660
637 Washington Street
Boston, MA
www.codman.org

Mass General Hospital

(617) 724-7792
16 Blossom Street
Boston, MA
www.massgeneral.org
Notes: 18 plus

Middlesex Recovery

(781) 305-3300
20 Tower Office Park
Woburn, MA
www.northsuffolk.org

North Suffolk Mental Health

(617) 912-7502
301 Broadway Street
Chelsea, MA
www.northsuffolk.org

Support Groups

Self Help/ Support Groups: Support groups have daily and weekly scheduled meetings that you and/or your family can attend to get continued support during sobriety.
[For a complete list of meeting sites, please call or visit website]

Alanon/Alateen

(413) 782-3406
www.ma-al-anon-alateen.org

Alcoholics Anonymous

(617) 426-9444
www.aaboston.org

Cocaine Anonymous

(617) 539-6090
www.caofma.org
 Meetings places vary

Families Anonymous

(800) 736-9805
www.familiesanonymous.org

Healing Abuse Working for Change

(800) 547-1649
www.hawcdv.org

Learn to Cope

(508) 801-3247
www.learn2cope.org
 Meeting places vary

Narcotics Anonymous

(866) 624-3578
www.newenglandna.org

Parents Helping Parents

(800) 632-8188
www.parentshelpingparents.org

Smart Recovery

(866) 951-5357
www.smartrecovery.org

Peer Recovery Support Centers- is social support services designed to fulfill the needs of people in or seeking recovery. The services are designed and delivered by people who have experienced both substance use disorder and recovery.

Everyday Miracles

(508) 799-6221
 25 Pleasant Street
 Worcester, MA
www.everydaymiraclesprsc.org

Gavin Foundation

Devine Recovery Center
 (857) 496-1384
 70 Devine Way
 South Boston, MA

P.E.O.P.L.E Recovery Center

(978) 688-5767
 11 Union Street
 Lawrence, MA

The Recovery Connection

(508) 485-0298
 31 Main Street
 Marlborough, MA
www.therecoveryconnection.org

RECOVER Project

(413) 774-5489
 68 Federal Street
 Greenfield, MA
www.recoverproject.org

STEPRox

(617) 442-7837
 9 Palmer Street
 Roxbury, MA

Multi Service Recovery Centers- Are non profits that provide services across multiple categories, such as, substance abuse, education, housing. This organization take a holistic approach to helping.

Addiction Referral Center

(508) 485-4357
 33 Main Street
 Marlborough, MA
www.theaddictionreferralcenter.com

P.A.A.C.A.

(508) 997-9051
 360 Coggeshall Street
 New Bedford, MA
www.paaca.org

SPAN, Inc.

(617) 423-0750
 105 Chauncy Street
 Boston, MA
www.spaninc.org

Mental Health

Dual Diagnoses: Condition for people experiencing mental illness and a substance disorder simultaneously.

Addiction Treatment Center

(617) 254-1271
77 Warren Street
Brighton, MA
www.atcne.net

Advocates Community Counseling

(508) 661-2020
354 Waverly Street
Framingham, MA
www.advocatesinc.org

Bay Cove Human Services

(617) 371-3000
66 Canal Street
Boston, MA
www.baycove.org

Boston Hamilton Recovery Home

(617) 288-1585
25 Mt. Ida Road
Dorchester, MA

Dorchester House

(617) 288-3230
1353 Dorchester Avenue
Dorchester, MA
www.dorchesterhouse.org



Family Service Association

(508) 678-7542
151 Rock Street
Fall River, MA
www.frfsa.org

Granada House

(617) 254-2923
70 Adamson Street
Allston, MA
www.granadahouse.org

Gosnold Inc

(508) 862-9929
1185 Falmouth Road
Centerville, MA
www.gosnold.org

Habit OPCO Boston

(617) 442-1499
99 Topeka Street
Boston, MA
www.habitopco.com

Lahey Health & Behavioral Services

(978) 921-1190
800 Cummings Center 266-T
Beverly, MA
www.nebhealth.org

North Suffolk Mental Health

(617) 912-7500
14 Porter Street
East Boston, MA
www.northsuffolk.org

(617) 889-4860
301 Broadway Street
Chelsea, MA
www.northsuffolk.org

Riverside Community Care

(617) 623-3278
5 Sacramento Street
Somerville, MA
www.riversidecc.org
Notes: 18 plus with services offered
in Haitian Creole & Spanish

South Bay Community Services

(781) 851-2648
22 Pleasant Street
Malden, MA
www.southbaycommunityservices.com
Notes: Sites throughout the state

Veterans Affairs Healthcare Clinic

(617) 248-1000
251 Causeway Street
Boston, MA

Hospital Based Services-Hospitals that provide mental health services.

Bournewood Hospital

(617) 469-0300
300 South Street
Chestnut Hill, MA
www.bournewood.com

Cooley Dickinson Healthcare

(413) 582-2000
30 Locust Street
Northampton, MA
www.cooley-dickinson.org

Hallmark Health-Community Counseling

(781) 338-7270
101 Main Street
Medford, MA
www.hallmarkhealth.org

(781) 338-7250
178 Savin Street
Malden, MA
www.hallmarkhealth.org

Shelters

Shelters: An establishment that provides temporary housing to homeless people. Support services may be available for shelter residents.

Action

(978) 283-4125
370 Main Street
Gloucester, MA 01930
www.actioninc.org

Anchor Inn

(617) 328-5380
North Quincy, MA 02171
Note: 18 plus

Betty's Place

(617) 482-1126
40 Berkeley Street
Boston, MA 02116

CASPAR

(617) 661-0600
240 Albany Street
Cambridge, MA 02139
no requirements for being sober

College Avenue Shelter

(617) 623-2546
14 Chapel Street
Somerville, MA 02144

Crossroads Family Shelter

(617) 567-5926
56 Harvre Street
East Boston, MA 02129

Daybreak Shelter

(978) 975-4547
19 Winter Street
Lawrence, MA 01841
Note: 18 or older

Elizabeth Stone House

(617) 427-9801
8 Notre Dame Street
Boston, MA 02119
Battered Women's Emergency
Shelter



Lynn Emergency Shelter

(781) 581-6600
100 Willow Street
Lynn, MA 01901

Pine Street Inn (617) 892-9100

The Men's Inn
444 Harrison Avenue
Boston, MA 02118



The Women's Inn
363 Albany Street
Boston, MA 02118



The Shattuck Shelter
170 Morton Street
Jamaica Plain, MA 02130

For the Pine Street Inn there are no requirements for being sober in the shelter

Rosie's Place

(617) 442-9322
889 Harrison Avenue
Boston, MA 02118



St. Patrick Shelter

(617) 628-3015
270 Washington Street
Somerville, MA 02143

Salvation Army Shelter

(617) 547-3400
402 Massachusetts Avenue
Cambridge, MA 02139

Housing Resources– Provides vital services to create housing, education and economic

ABCD Action Boston

(781) 321-3432
Mystic Valley Opportunity Center
110 Pleasant Street
Malden, MA 02148
(Housing, Food Stamps, Fuel, etc.)

BSAS Helpline

(800) 327-5050
95 Berkley Street
Boston, MA 02116

Community Team Work

(978) 459-0551
155 Merrimack Street
Lowell, MA 01852

Homestart, Inc

(617) 542-0338
105 Chauncy Street
Boston, MA 02111

Mass Resources

MassResources.org is a statewide website with practical information about the many types of assistance available to those in need living in Massachusetts.

Mystic Valley Elderly Service

(781) 324-7705
300 Commercial Street
Malden, MA 02148

Basic Need

Basic Needs

Basic Need: Minimal resources necessary for long-term well-being.
Call phone numbers listed for a service in your area.

Dept. of Children & Families Services

(617) 748-2000
600 Washington Street
Boston, MA 02111

Department of Transitional Assistance

(877) 382-2363
Food Stamp Program

Department of Youth Services

(617) 727-7575
27 Wormwood Street
Boston, MA 02210

Disability Determination Office

(617) 727-1600
100 Chauncy Street
Boston, MA 02111

Mass Health Customer Service

(800) 841-2900

MA Behavioral Health Partnership

(800) 495-0086
Manages mental health and
substance abuse services for
Mass Health members.

Mass Health Enrollment Centers

600 Washington Street
Boston, MA 02111
300 Ocean Avenue Suite #4
Revere, MA 02151

Office of Children & Family Services

(617) 748-2000
600 Washington Street #4
Boston, MA 02118
(781) 388-7100
22 Pleasant Street
Malden, MA 02148

Office for Refugees & Immigrants

(617) 727-7888
600 Washington Street
Boston, MA 02108

Social Security Local Office

1-800-772-1213
10 Fawcett Street #1
Cambridge, MA 02138
& 191 Commercial Street
Malden, MA 02148

ABCD Action Boston -Fuel Assistance

(781) 321-3432
Mystic Valley Opportunity Center
110 Pleasant Street
Malden, MA 02148

W.I.C Program

(800) 942-1007

Food Pantries

Bread of Life

(781) 397-0404
54 Eastern Avenue
Malden, MA 02148

East Coast International Church

(781) 818-4153
110 Pleasant Street
Malden, MA 02148

Freedom Hill Community Church

(781) 321-2121
77 Kennedy Drive
Malden, MA 02148

Malden Mobile Food Market

(781) 338-7568
239 Commercial Street
Malden, MA 02148

Medford Elder Pantry

(781) 396-6010
Medford Senior Center
101 Riverside Avenue

Mystic Valley Pantry

(781) 324-1970
213-219 Main Street
Malden, Ma 02148

A Servant's Heart

(781) 662-8226
200 Franklin Street
Melrose, MA 02176
Friday 10:00am-11:00am

St. Francis

(781) 396-3400
441 Fellsway West
Medford, MA 02155

St. Stephens

(781) 599-4220
74 South Common Street
Lynn, MA 01902
Fridays 3:00-4:00 except first Friday

St. Raphael's Church

781-488-5444
38 Boston Avenue
Medford, MA 02155
Tuesday 10:00am-12:30pm

Unitarian Universalist Church

(781) 396-4549
147 High Street
Medford, MA 02155
Thursday 6:00pm-7:30pm

Wakefield Interfaith

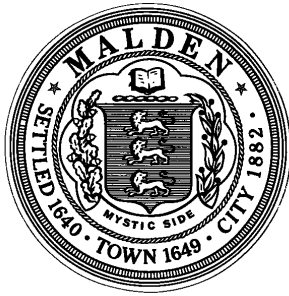
(781) 245-2510
467 Main St
Wakefield, MA 01880



The Mystic Valley Public Health Coalition is a coalition of municipal health departments of Malden, Medford, Melrose, Stoneham, and Wakefield. This guide was created as a part of this collaboration with the help of the local substance abuse coalitions, health departments and Hallmark Health.

You can contact MVPHC at 781-393-2449 or mvroap@gmail.com

For more details about how to reach local coalitions see page 4



MELROSE
SUBSTANCE ABUSE
PREVENTION COALITION

781-979-4128

www.cityofmelrose.org



**Reading
Coalition
Against
Substance
Abuse**



**Stoneham
Substance Abuse
Coalition**

WWW.STONEHAMSAC.COM

H Hallmark Health System

Mission Statement:

"To organize recovering individuals, families and friends into collective voice to educate the public about the value of recovery from alcohol and other addictions."

Vision: MOAR envisions a society where addiction is treated as a significant public health issue and recovery is recognized as valuable to our communities.

Message: MOAR seeks to continue to build a recovery informed society where recovery becomes a societal "norm" and prevention a societal "given".

