

Melrose Substance Abuse Prevention Coalition

Monthly Coalition Meeting—Thursday, January 7, 2010

Present: Kara Showers, Janet Nevin, Karen Andrews, Maureen Beecy, Maureen Buzby, Chris Casatelli, Charlie Ciccone, Jan Flynn, Trisha Keane, Donna Macdonald, Emma Svoboda, Allen Swartz, Anna Tramontozzi, Cornelia Walsh, Daniel Gagne, Michael Plumer, Bob Savarino, Hannah Singleman, Tracy Pelrine, Bianca Palumbo, John Ross, Pat Ruggiero, Bruce Lomas. **Total Attendees:23.**

Sectors represented: Youth, Parents, Business community, Law Enforcement, Religious/fraternal organizations, Schools, Healthcare professionals, Governmental agencies, Other organizations.

Next Meeting Dates:

- 1) Action Team meetings (assorted dates/times/locations).
- 2) Next Monthly Coalition Meeting: **Thursday, February 4th, 2010– 8:30-9:30 am, Superintendent’s Conference Room, Central Administration.**

Topic	Discussion	Decision/Action Step
Welcome/Introductions -Kara	-Role Assignments	-Sign in sheet (Ruth), Table Tents (Donna), Latecomers (Maureen). -Allen appointed Reader and Cornelia appointed Timekeeper.
Coalition Business -Kara	<p>-SPOTLIGHT!</p> <p>-December 3rd meeting minutes</p> <p>-Group Exercise: Spring Action Team Work Plans</p>	<p>-On Carly Gatzlaff – MHS teacher and SADD advisor!! Carly is doing wonderful job with her SADD group, one of the largest clubs at the high school, and their many initiatives. We have partnered with them on past projects and look forward to working together on this year’s Pre-Prom Forum, which thanks to Carly’s efforts in applying for and securing a SAMHSA grant, will be presented as a Town Hall Meeting!! You’re a ROCK STAR, Carly (all the kids think so, too), and we’re thrilled to have you working with us!!</p> <p>-Approved, as written.</p> <p>-Action Team leaders identified themselves and Coalition members moved into their groups or filled gaps in Teams without representation. Kara explained each group would spend 15 minutes on a review of each Action Team’s Spring Work Plan. This information will be reported to our federal grantor. Review should focus on:</p> <ul style="list-style-type: none"> →Goals/Benchmarks →Add anything that was missing to plan →PR: how to get the word out →Evaluation piece (to determine success) →Sustainability (year 4 of 5 year grant) <p>-Kara collected each Action Team’s information.</p>

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<p>Youth Action Team -Charlie/Joe/Natalie</p>	<p>-Current Efforts</p> <p>-Coalition Discussion</p> <p>-Next Steps</p>	<p>-Environmental Scan – top 5 spots identified and data is being compiled into Power Point to be presented to Park and Conservation Commissions. Working on promotional preparations for MDTL.</p> <p>-Potential MDTL promotions event list went around for member sign-ups. -Natalie’s father will make a wheel of fortune type game to use at city events. We can furnish promotional materials to use as prizes. -Members suggested using orgs list we developed to check re. upcoming events in addition to school/athletic events at which we could disseminate MDTL info.</p> <p>-Finish Enviro Scan presentation and schedule to present to Parks Commission and Conservation Commission. MDTL (see above) – Coalition members to be utilized to promote website/distribute materials. Media Lit – contact principals re. Spring assemblies at Hoover and Lincoln Schools.</p>
<p>PRIDE Survey Task Team -Kara</p>	<p>-Current Efforts</p> <p>-Coalition Discussion</p> <p>-Next Steps</p>	<p>-Preparing for PRIDE survey administration to parents and faculty/staff of 5th, 7th, 9th and 11th grade students (at Melrose public schools, St. Mary’s and the Voke).</p> <p>-Discussion around members helping with mailings (postcard mid-January and survey mailing late January). Bob Savarino volunteered to have life skills and community service students do both mailings for us. THANK YOU, BOB!!</p> <p>-Kara to attend Administrators’ meeting to begin faculty/staff survey administration. -After mailing, parent surveys to be returned to MSAPC by February 8th.</p>
<p>Other -Janet</p>	<p>-AT Updates</p> <p>-Meeting Dates</p> <p>-Training Calendar</p> <p>-Article of Interest</p>	<p>-In packet. Of note: Next session of GGC workshops to begin in early March will be held at First United Methodist Church.</p> <p>-In packet as reminder that we are meeting on Thursday mornings through the year.</p> <p>-In packet. Please note some CADCA webcasts of interest.</p> <p>-In packet re. unregulated alcohol ads on Facebook.</p> <p><u>NEXT COALITION MEETING:</u></p>

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		<u>Thursday, February 4th, 2010 – 8:30-9:30 am in Superintendent’s Conference Room, Central Administration</u>
Community Concern/Open Forum		<p>-Allen discusses report by State Senator Tolman re. oxycontin and prescription drug abuse in North Shore communities and article in Globe op-ed on Menino aide oxycontin addiction. Original 2004 report on our website. Allen would like to reach out with other Coalition members to offer our support –as Coalition – to Sen. Tolman, to help moving legislation forward. Maureen suggests that Allen (and any interested members) investigate and report to membership at future meeting to determine where this would fit with our mission.</p> <p>-Cornelia tells us that due to funding cuts, Mel-Wake does not have a substance abuse in-patient license any more and should be taken off our resource list on website. She does, however, offer her services as resource.</p> <p>-Trisha and members have discussion about new liquor licensees in Melrose. Suggestion for those who have issues with the way the stores stock windows/ shelves and perceptions around whether or not they are complying with the original intent of being a food and cheese type shop with beer and wine <i>incidental</i> vs. “package store” appearance, they should write a letter to merchant (and copy liquor licensing commission). Some members plan to do this.</p> <p>-Earlier in meeting Karen suggested, when discussing MDTL campaign, that MSAPC should really have a link on each school’s website – elementary through high school – so that parents can see all of the Coalition’s good works – GGC/MDTL/Tip Line/etc. We will plan to email principals to ask.</p> <p>-Allen also brought up making sure that Tip Line info is on City’s website, as well as MSAPC (through Health Department) website. Kara to do this.</p>
Networking and Adjournment		<p>-Informal networking</p> <p>-Meeting adjourned at 9:30 am.</p>